

Attachment

Attachmt. Type	Sense of Security	Alternative Descriptions	Affect/ cognitively driven	Self-representation	Representation of others	Behaviour
Secure	Secure	Balanced Stable Autonomous	Both (balanced)	Independent Interdependent	Available Responsive	Well adjusted Adaptive
Insecure ambivalent	Anxious	Resistant Preoccupied Enmeshed Coercive Dependent	Affect driven	Incapable Dependent Self-doubting	Rejecting Not available More capable	Needy Clingy Angry Resistant
Insecure avoidant	Anxious	Dismissing Detached Defended Fearful Neutral Limiting	Cognitively driven	Independent Self-reliant	Unreliable Untrustworthy Not capable	Distant Hostile Antisocial Controlled
Disorganised	Anxious	Disoriented Unresolved	Scattered	Poorly formed	Confused Uncertain Unresolved	Disorganised Labile Contradictory Irrational

From: Rich, P. (2006) "Attachment and Sexual Offending: Understanding and Applying Attachment Theory to the Treatment of Juvenile Sexual Offenders" Chichester, John Wiley & Sons; p.119. Used with permission of author.