INGREDIENTS OF APPROPRIATE SEXUAL THOUGHTS

- no use of force / persuasion
- no large age gaps
- not involving people you are angry with or dislike
- not involving someone you know or might meet (preferably)
- the activity is with a consenting, age appropriate person

INGREDIENTS OF CONSENT

- agreement from someone who is able to fully understand what they are agreeing to
- the person must be able to disagree if they want to
- there needs to be equal.....
- power
- intellectual understanding
- age